



Lisbet Smiles



Lisbet at Wellington Bay

March 2025

2550 Wellington Bay Dr
Wellington, FL 33414

March Highlights

Lunch with Lydia
Saturdays 11:30-1p.m.

Pet Therapy with Mowgli
Sunday March 2, 4p.m.

Lunch Bunch
Monday March 10, 2025

Eldercation Experience with Harry j. Getzov
The Life & Music of Burt Bacharach
Thursday March 13 3:45p.m.

Spring Fling with Heart & Soul
Thursday March 20, 2:00p.m.


Dr Susanna Winter Simpson Poetry ready and
Book signing
Wednesday March 26, 1:30p.m.

Palm Beach County Nature Center Outing
Friday March 28, 1:00p.m.



March 2025

AL Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March cont'd 30 1:30 How many Words can you make out of the word: AQUAMARINE 2:00 Bingo 3:00 Dominoes, cards, and Rummy Q in the Lobby	31 10:45 Functional Fitness with Hannah 2:00 Fun Fitness and Active Games with the Wellness Team 3:30 Happy Hour at Lisbet Lobby 4:00 Common Bonds & Trivia	 LISBET HEALTH CENTER AT WELLINGTON BAY		Happy Birthday Moises B. March 12 Annette W. March 12 Diane H. March 17 Gloria F. March 29 Emily T. March 30		1 11:00 Table Tennis / Ping Pong 11:30 Piano music by Lydia as you dine 3:30 Pen, Paper & Puzzles 6:00 Enjoy a movie or series from our Netflix Collection
2 11:00 Scavenger Hunt Thru Lisbet 1:30 How many Words can you make out of the word: LEPRECHAUN 4:00 Pet Therapy dog Mowgli visits	3 10:45 Functional Fitness with Hannah 2:00 Fun Fitness and Active Games with the Wellness Team 3:30 Happy Hour at Lisbet Lobby 4:00 Talk & Trivia	4 10:00 Wisdom Warrior Walking Program 10:45 Sit and Dance with Lori 2:00 Let's talk Books! 3:00 Talk & Trivia 3:30 Create greeting cards & Scrap booking	5 10:45 Mind Body Movement with Melissa 11:00 Ashes distribution 2:00 Everyone Loves Bingo! 3:30 Happy Hour at Lisbet Lobby 4:00 Hot Topic, Current Events	6 9:30 Indoor Walking Club 10:00 Rosary and Communion 10:45 Sit and Be Fit with Hannah 3:00 Games of Skill, Chance and Fun for all. 4:00 Throwback Thursday	7 10:45 Exercise your Mind & Body, with Lori 2:00 Everyone Loves Bingo! 3:30 Happy Hour at Lisbet Lobby 3:30 Sing Along & Snacks in the Lobby	8 11:00 Exercise with friends 11:30 Piano music by Lydia as you dine 2:30 Table Games and puzzles 6:00 Enjoy a movie or series from our Netflix Collection
Daylight Saving Time Begins 9 11:00 Mindful Meditation 3:30 Crosswords, Sudoku, & Word Find 3:30 Happy Birthday Barbie! Fun Facts	10 10:45 Functional Fitness with Hannah 11:00 Lunch Bunch 2:00 Fun Fitness and Active Games with the Wellness Team 3:30 Happy Hour at Lisbet Lobby	11 10:00 Wisdom Warrior Walking Program 10:45 Sit and Dance with Lori 2:00 Palm Beach County Book Club in a Bag 4:00 Garden Stroll and Nature Walk	12 10:30 Bird Watching 10:45 Mind Body Movement with Melissa 2:00 Everyone Loves Bingo! 3:30 Happy Hour at Lisbet Lobby 4:00 What Happened on this day in History	13 9:30 Indoor Walking Club 10:45 Sit and Be Fit with Hannah 2:00 Garden/Flower arranging club 3:45 "The Eldercation Experience" with Harry J. Getzov	14 10:00 Kitchen Tour 10:45 Exercise your Mind & Body, with Lori 1:30 Table Games 2:00 Everyone Loves Bingo! 3:30 Happy Hour at Lisbet Lobby 6:45 Shabbat service	15 11:00 Table Tennis / Ping Pong 11:30 Piano music by Lydia as you dine 3:30 Pen, Paper & Puzzles 6:00 Enjoy a movie or series from our Netflix Collection
16 1:30 How many Words can you make out of the word: SPRINGTIME 2:00 Bingo 3:00 Dominoes, cards, and Rummy Q in the Lobby	17 St. Patrick's Day 10:45 Functional Fitness 2:00 Active Games 3:30 Happy Hour 3:45 Karen Kurzer Short Story Reading 4:30 St Patrick's Day Dinner	18 10:00 Wisdom Warrior Walking Program 10:45 Sit and Dance with Lori 2:00 Facts in Five 3:30 Palm Beach County Library Book Club in a Bag	19 10:45 Mind Body Movement with Melissa 1:00 Cards, Dominoes, & Rummy Q 2:00 Everyone Loves Bingo! 3:30 Happy Hour at Lisbet Lobby 4:00 Hot Topic at Lisbet	20 9:30 Indoor Walking Club 10:00 Rosary and Communion 10:45 Sit and Be Fit with Hannah 11:15 Exercise & Dance all from a seated position.	21 10:45 Exercise your Mind & Body, with Lori 2:00 Everyone Loves Bingo! 3:30 Happy Hour at Lisbet Lobby 3:30 Sing Along & Snacks in the Lobby	22 11:00 Exercise with friends 11:30 Piano music by Lydia as you dine 2:30 Table Games and puzzles 6:00 Enjoy a movie or series from our Netflix Collection
23 11:00 Mindful Meditation 2:00 Enjoy a movie or series from our Netflix Collection 3:30 Crosswords, Sudoku, & Word Find 3:30 Pen, Paper, & Puzzles 5:00 Pet Therapy with Mowgli	24 10:45 Functional Fitness with Hannah 2:00 Fun Fitness and Active Games with the Wellness Team 3:30 Happy Hour at Lisbet Lobby 4:00 Talk & Trivia	25 10:00 Wisdom Warrior Walking Program 10:45 Sit and Dance with Lori 2:00 Resident Town Hall Meeting 3:30 Palm Beach County Speaker Series	26 10:45 Mind Body Movement with Melissa 1:30 Dr Susanna Winter Simpson poetry book signing 3:30 Happy Hour at Lisbet Lobby	27 9:30 Indoor Walking Club 10:45 Sit and Be Fit with Hannah 1:30 Blockbuster Movie Pick 3:00 Bird Watching 4:00 Throwback Thursday	28 10:45 Exercise your Mind & Body, with Lori 1:00 Palm Beach County Nature Center Outing 3:30 Happy Hour at Lisbet Lobby 6:45 Shabbat service	29 11:00 Table Tennis 11:30 Piano music by Lydia as you dine 3:30 Pen, Paper & Puzzles 6:00 Netflix Collection