



Serious Bingo playing!



Lisbet at Wellington Bay

November
2024

2550 Wellington Bay Dr
Wellington, FL 33414

November Highlights

Flo's 100th Birthday Celebration
Saturday November 2, 2024 noon

Cards with the Cohens
Wednesday November 6, 2024 at 1 p.m. &
Wednesday November 20, 2024 at 1 p.m.

Lunch with Lydia
Saturdays 11:30-1 p.m.


Veterans Day Celebration
Monday November 11, 2024 4:30 p.m.

November Birthday Party with
entertainment by
Kenny B
Tuesday November 19, 2024 at 2 p.m.



November 2024 AL Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 LISBET HEALTH CENTER <small>AT WELLINGTON BAY</small>		Welcome to Lisbet Assisted Living Nina C	November Birthdays * Flo B. 11/3 Bob S. 11/13 Bill K. 11/16 Dian K. 11/20 Marilyn W. 11/21 *100	Lisbet Health Center Concierge 561-423-9056	11:15 Exercise your Mind, & Body, with Lori 1 1:30 Open Gym with Hannah 2:00 Everyone Loves Bingo! 3:30 Creamsicle Floats on the patio. 6:30 Netflix series: Hollywood	11:00 Table Tennis / Ping Pong 2 11:30 Piano music by Lydia as you dine 12:00 100th Birthday Party for Flo 3:30 Pen, Paper & Puzzles
Daylight Saving Time Begins 3 11:00 Scavenger Hunt Thru Lisbet 1:30 How many Words can you make out of the word: INSPIRATIONAL 3:00 Dominoes, cards, and Rummy Q in the Lobby	11:15 Functional Fitness with Hannah 4 1:30 Cornhole with Hannah 2:30 Let's meet for Table Games 3:15 Supervised Swimming Meeting	Election Day 5 9:30 Indoor Walking Club 11:15 Seated Yoga- Lates with Melissa 2:00 Facts in Five 3:00 Talk & Trivia 4:00 Hot Topic, Current Events, and Trivia	11:15 Sit & Dance with Lori 6 1:00 Cards with the Cohens 3:00 Everyone Loves Bingo! 6:00 Table Games, Cards, Dominoes, Chess & Checkers	9:30 Indoor Walking Club 7 10:00 Rosary & Communion 11:15 Mindful Movement with Melissa 1:30 Terry's Movie Pick 3:00 Games of Skill, Chance and Fun for all.	11:15 Exercise your Mind, & Body, with Lori 8 2:00 Everyone Loves Bingo! 3:30 The Three C's Cookie, Cider & Conversation 6:45 Shabbat service	11:00 Exercise with friends 9 11:30 Piano music by Lydia as you dine 2:30 Table Games and puzzles 6:00 Enjoy a movie or series from our Netflix Collection
11:00 Mindful Meditation 10 3:30 Crosswords, Sudoku, & Word Find 6:00 Enjoy a movie or series from our Netflix Collection	Veterans Day 11 11:15 Functional Fitness with Hannah 1:30 Ping Pong with Hannah 4:30 Honor Wall Unveiling 4:30 Veterans Day Celebration 6:30 Classical Concert Series	11:15 Seated Yoga-Lates with Melissa 12 1:30 Judy's Movie Pick 2:00 Table Games 4:00 Nature Walk 6:30 Creative Coloring & Conversation	11:15 Sit & Dance with Lori 13 2:00 Everyone Loves Bingo! 4:00 What Happened on this day in History 6:30 Game Shows	9:30 Indoor Walking Club 14 11:15 Mindful Movement with Melissa 2:00 Throwback Thursday: How is this used, and what is it called??? 4:00 Early Evening Scroll	11:15 Exercise your Mind, & Body, with Lori 15 1:30 Open Gym with Hannah 2:00 Everyone Loves Bingo! 3:30 Sing Along 6:30 Dominoes, Rummy Q, Chess, Checkers & Puzzles	11:00 Table Tennis / Ping Pong 16 11:30 Piano music by Lydia as you dine 3:30 Pen, Paper & Puzzles 6:00 Enjoy a movie or series from our Netflix Collection
1:30 How many Words can you make out of the word: SUSTAINABILITY 17 3:00 Dominoes, cards, and Rummy Q in the Lobby 6:00 Enjoy a movie or series from our Netflix Collection	11:15 Functional Fitness with Hannah 18 1:30 Cornhole with Hannah 2:00 Talk and Trivia on the TV 2:30 Let's meet for Table Games 3:15 Supervised Swim	11:15 Seated Yoga-Lates with Melissa 19 2:00 Alzheimer's Support Group 2:00 November Birthday Party with entertainer Kenny B 4:00 It happened on this day.	11:15 Sit & Dance with Lori 20 1:00 Cards with the Cohens 2:30 Everyone Loves Bingo! 3:30 Creating Greeting Cards for our Pen Pals 6:30 Travel Log	9:30 Indoor Walking Club 21 10:00 Rosary and Communion 11:15 Exercise & Dance all from a seated position. Join Lori for some fun!! 2:00 Common Bonds and Trivia	11:15 Exercise your Mind, & Body, with Lori 22 1:30 Open Gym with Hannah 2:00 Everyone Loves Bingo! 3:30 Table Games 6:45 Shabbat service	11:00 Exercise with friends 23 11:30 Piano music by Lydia as you dine 2:30 Table Games and puzzles 3:30 Pen, Paper, & Puzzles
11:00 Mindful Meditation 24 3:30 Crosswords, Sudoku, & Word Find 6:00 Enjoy a movie or series from our Netflix Collection	11:15 Functional Fitness with Hannah 25 1:30 Ping Pong with Hannah 4:00 Common Bonds & Trivia 6:30 Classical Concert Series	9:30 Indoor Walking Club 26 11:15 Seated Yoga-Lates with Melissa 2:00 Resident Town Hall Meeting 3:30 Puzzles 6:30 Creative Coloring & Conversation	11:15 Sit & Dance with Lori 27 2:00 Everyone Loves Bingo! 4:00 What Happened on this day in History 6:30 Sunset on the Patio	Thanksgiving 28 9:30 Indoor Walking Club 11:15 Mindful Movement with Melissa 1:30 Joe's Blockbuster Movie Pick 4:30 Thanksgiving Dinner	11:15 Exercise your Mind, & Body, with Lori 29 2:00 Everyone Loves Bingo! 3:30 Root Beer Floats on the Patio 6:30 Netflix series: Hollywood	11:00 Table Tennis / Ping Pong 30 11:30 Piano music by Lydia as you dine 3:30 Pen, Paper & Puzzles 6:00 Enjoy a movie or series from our Netflix Collection